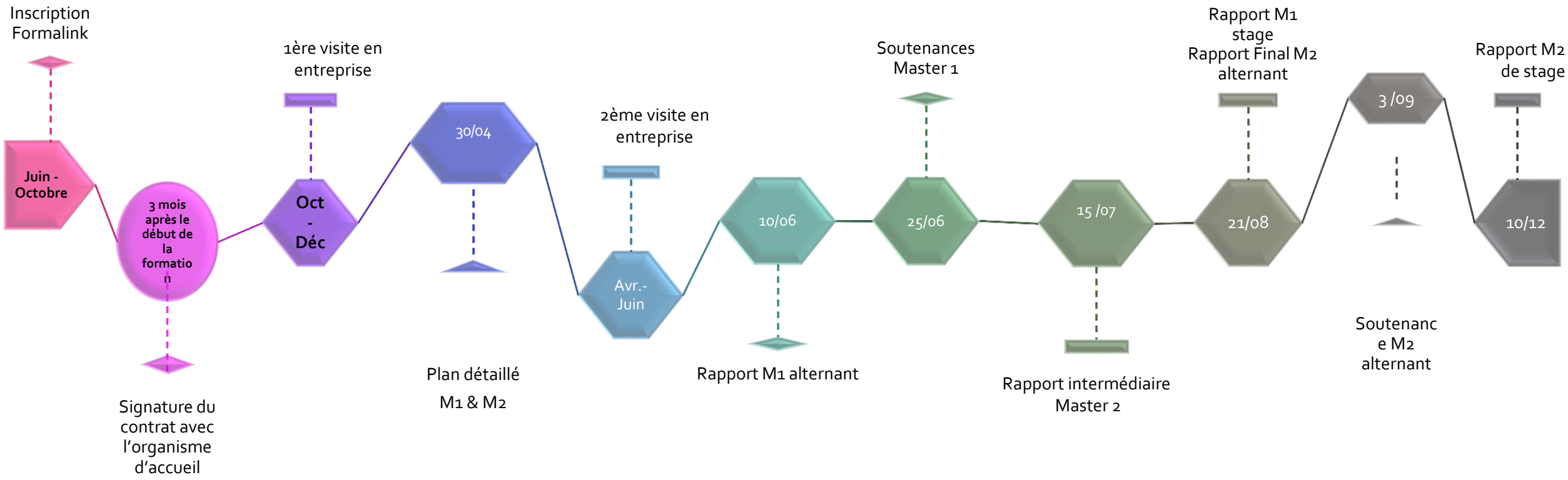Chronologie alternance et stage 2025-2026